

Social Model of Recovery Housing

Quality Standards & Best Practices

Recovery Residences: 4 Levels

| Level I | Peer Run |
|-----------|-----------------------|
| Level II | Peer Monitored |
| Level III | Staff Supervised |
| Level IV | Residential Treatment |

Providing a Home



- Physical Building
- Yard
- Family Atmosphere

Is Your Program Recovery Oriented?

- Recovery Programs,
 Residences, & Centers
- Residents or Participants (not Patients)
- Individual Wellness Plan
- Promote Life Skills Development

Staff & Volunteers

Alumni

Peer Supporters

Recovery Volunteers

Community Volunteers

Licensed/Certified Staff



Recovery Community

Peer Support



Models Recovery



Barriers that Hinder Recovery

Accountability



Residents are expected/encouraged to hold each other accountable



Residents have influence on their environment and their peers

Recovery Skill Building

Reach Out For Help-

Sponsor/Mentor

Weekend Social Activities-

Social Skills

Community Service- Giving back for the Greater Good

House Meetings- Accountability & Concerns

Employment- Productivity

Time/Money Management

Building a Support System

Treatment Providers

Criminal Justice System

Counseling Agencies

Homes & Neighborhoods

Recovery Community

Building a Greater Community

Employment

Churches

Organizations

Community Service

Civic Pride

Social Model Helps

Individuals Replace Addiction with Recovery

Healthy People, Places, and Things

Community & Accountability

Homes & Neighborhoods

Relationships with Friends & Family

Get Connected

- Family
- Recovery Community
- Civic Involvement/ Civic Pride

Social Model of Recovery Housings Leads to:



DECREASE SUBSTANCE USE



DECREASE INCARCERATION RATES



INCREASE IN INCOME



INCREASED FAMILY & SOCIAL FUNCTIONING



IMPROVES
PSYCHOLOGICAL &
EMOTIONAL WELL-BEING